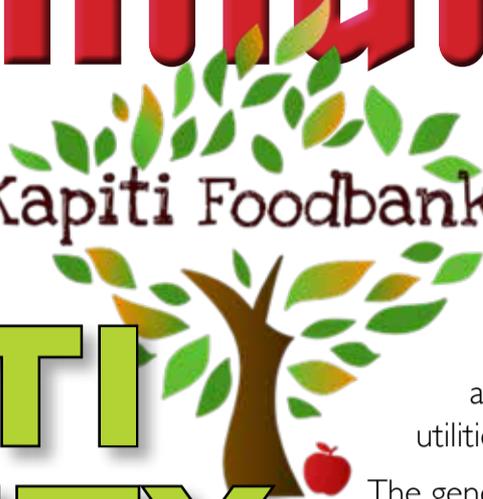


Proudly sponsored by



Our Community

FEEDING THE KAPITI COMMUNITY



Kapiti Foodbank

In order to receive a parcel recipients must produce one form of ID plus something proving the recipients current residential address, for example a recent utilities bill.

The generosity of the community, donating money and grocery items, and the volunteers giving their time, ensures the service continues to operate. Grocery items may be left in drop boxes at New World Waikanae and Kapiti, as well as Countdown and Pak N Save Paraparaumu or can be brought to the Foodbank 10.00am to 12.00 noon Monday to Friday.

Monetary donations can be deposited into the Foodbank account, details are on their website. A tax receipt will be sent in acknowledgement.

For information on becoming a volunteer, donating or receiving goods:

visit www.thekapitifoodbank.co.nz
Email: foodbankkapiti@gmail.com

Visit 10.00am to 12.00 noon
Monday to Friday

**Kapiti Community Foodbank
Community Centre
South Entrance
15 Ngahina St, Paraparaumu.**

Phone (04) 298 1907



The Kapiti Community Foodbank has been helping more than just feed the community, from Paekakariki to Peka-Peka, for 21 years.

The non-denominational organisation is run by a group of volunteers who work from 9.45am to 12.30pm weekdays. They create and coordinate what were traditionally labelled "Food Parcels", but have evolved into "daily living" parcels. The parcels are



customised to suit the individuals or family's necessities for a three day period. Parcels may include nappies, pet food, cleaning and laundry items, toiletries and of course food. They are

given to any individual or family with a genuine need for them.

Circumstances for those requiring parcels are varied. Volunteers are non-judgemental and ask no questions.

Keeping safe around electricity

Electricity is a wonderful thing and something we tend to take for granted. Flick a switch and we have power to the things we need and use every day.

But electricity can be dangerous and electricity distribution companies such as Electra are committed to keeping our customers safe from this potential danger. We do this by keeping our live lines high above or deep under the ground.

The voltages in these assets range from 400 Volts through to 33,000 Volts, all deadly if you come into contact with it.

But what happens when someone or something happens to those installations, and what should you do if you come across a power pole that has been damaged or power lines are on the ground.

- You must always assume the lines are live!
- If you're in the vehicle, stay where you are! Call the emergency services.
- If you come across a vehicle that has hit a pole, STOP. Do not approach. Call the emergency services.
- If someone has been shocked by electricity they may still be in contact with the live electricity.



Do not touch them. Call the emergency services.

If lines are brought down by wind, trees or storm activity, always assume they are live.

Stay clear of them, and call Electra on 0800 567 876.



Electra

owns and operates the electricity network throughout Kapiti and Horowhenua. Our owner is the Electra Trust. Electra's Trust ownership ensures that we deliver an annual electricity sales discount to all consumers connected to our network.