

# Caring for Our Community

If you consider yourself a bit of a scrooge, now is the time of year to redeem yourself and give to others.

## Christmas Giving

Love is what's in the room with you at Christmas if you stop opening presents and listen.  
*7 year old Bobby*

"If you want to be happy, think of others. If you want to be miserable, think of yourself".  
*Dalai Lama*



You could donate food or volunteer at community Christmas lunches. Contact the Coast Community Church in Paraparaumu, or Levin City Church.

Lawrence Kirby from Paraparaumu Family Church says even just watching out for neighbours who may be alone can make the world of difference.

The mall and library in Levin has Christmas trees waiting for your community gifts. Coastlands in Paraparaumu is doing the same, plus they have a gold coin gift wrapping service with proceeds going back into the community.

This Angel Tree at The Lighthouse out of school programme is waiting for your generosity. Select an 'angel' child who may go without this year, from the tree, to buy for. "Parents can bring their children down here to choose a child to buy for. It's a great way to help them think of others," says Shelley from The Lighthouse. Gifts are accepted Monday to Friday, 7am-7pm, 10 McGrath Ave, Paraparaumu. The Angel Tree is supported by Child Youth and Family, More FM, Horo Te Pai., WINZ, Barnardos and Women's Refuge.

## Double Glazing

### What is double glazing?

A layer of air trapped between two panes of glass

### How does it work?

Air is a poor conductor of heat so the trapped layer of air sets up a blanket of protection between the outside (cold) and the inside (warm).

### What are the benefits?

Heating bills are reduced and comfort levels are increased.  
Less condensation and better sound deadening

### Thermal performance

The chart shows the percentage improvement in heat loss from windows by using various types of double glazing

### Window type

### Percentage Reduction in Heat Loss in Winter

Single glass 4mm	0
Double glazing 4/12/4*	55
Double glazing 6/12/6	56
Double glazing Low E 4/12/4	69
Double glazing Low E 6/12/6	70

\* 4mm float glass/12mm air space/4mm float glass  
Low E: glass that has a coating on one side that reflects heat back into the room  
For further information about double glazing contact the Window Association of New Zealand: [www.wanz.org.nz](http://www.wanz.org.nz)

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