rcommunity Samaritans Horowhenua

Call Samaritans anytime, 24 hours a day - freephone: 0800 72 66 66

Here to listen

A problem shared is often a problem halved. Samaritans are there for anybody who needs them.

Trained volunteers offer independent, non-religious, non-judgemental, non political, confidential and totally free support.

Samaritans are trained to listen. They won't tell you what, or what not to do. Samaritans will try help you find a way through whatever tough times you're facing, or just quietly listen if that's what's needed. Samaritans believe no one should suffer alone.

Could You Become a Samaritan?

Having someone who listens and cares can make an amazing difference in

someone's life. Would you like to make a difference? Levin based Samaritans of Horowhenua are looking for people to train as Helpline telephone volunteers. Volunteers identity remains totally confidential, there is no face to face

If you think being a Samaritan is for you, email us at the address below for information or an application form: Levin@samaritans.org.nz

> interaction, everything is done by telephone.

The best Samaritans are everyday people from all walks of life, no prior experience is necessary. All expert training and coaching sessions are free and are held in Levin. This gives volunteers the tools

they need to cover all the situations they may face as Samaritans. Follow up, ongoing mentoring and support is always available.

Once qualified, volunteers are rostered on to the Levin call centre phones for 2-4 hours a week, at a time they find convenient.



PLEASE CHECK YOUR TREES ARE WELL CLEAR OF POWER LINES

CALL ELECTRA (0800 3532872) **FOR ADVICE**



owns and operates the electricity network throughout Kapiti and Horowhenua. Our owner is the Electra Trust. Electra's Trust ownership ensures that we deliver an annual electricity sales discount to all consumers connected to our network.