## Part of OL

to live well with

her dementia.

So does Noel.

Let's get our

heads around

dementia

## **Alzheimers**

Wherever you live, if you are affected by dementia, you can get vital support and advice from your local Alzheimer's Society. That support is dementia specific and available at no cost to all who need it.

Alzheimer's Manawatu and Alzheimer's Wellington provide education workshops, carer support groups, social groups for people with dementia, personal advocacy and referrals to other agencies for all people affected by dementia.

Your local support people are Anne Lowry of Alzheimer's Manawatu that covers Horowhenua and Trish Howard of Alzheimers Wellington covering Kapiti.

They can be contacted on 0800 004 001. If you, or someone you know, needs help to live well with dementia, please call or see more at: http://www.alzheimers. org.nz/manawatu OR http://www. alzheimers.org.nz/wellington



## Alzheimers Support

Anne and Trish are available for free and confidential advice and support that is personal to your needs.

Carer Support Groups: open to anyone supporting a person with dementia.

**Levin:** first Friday of the month, Jack Allen Community House, 21 Durham Street from 1pm-2.30pm.

Otaki: first Friday of the month, Otaki Presbyterian Church, Mill Road, 10.30am to 12 noon.

Kapiti: first Wednesday, alternate months, October 1, Kapiti Community Centre, 15 Ngahina Street, Paraparaumu, 1:30 - 3:30pm

Waikanae: second Thursday alternate months, November 13, Parklands Social Centre, Off Sylvan Ave., Waikanae, 1:30 - 3:30pm

Making life better for all people affected by dementia | Kia piki te ora mo ngā tāngata mate pōrewarewa



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