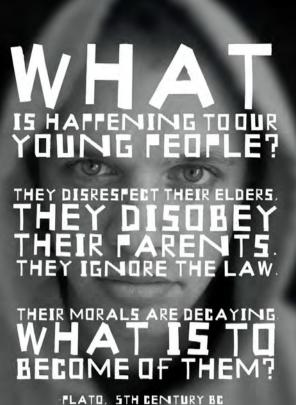
## Our Community



## Hours:

Monday 8:30am - 5pm Tuesday 9am - 5pm Wednesday 1pm - 5:30pm Thursday 9am - 5:00pm Friday 9:00am - 2pm

## Doctors:

Monday 8:30am - 5:00pm Tuesday 9am - 4:30 Wednesday 1pm - 5:00pm Thursday 9am - 5:30pm Friday 9:15am - 12noon

Nurse School Clinics: Kapiti College - Monday morning Paraparaumu College -Monday afternoon

Let's face it, being young is one of the toughest jobs going. It's the time when we test boundaries, make mistakes and develop our social and cultural identity. It can be tough because for the most part it's a journey into the unknown. It's a journey full of danger and with few defences. It's also the time we rebel against authority and that often means against parents. And none of this is new - it's been that way for millenia.

There is a large body of research that indicates young people typically do not access mainstream services for health, social, crises support and advice. This research has identified that young people have more barriers to accessing health care and support than older age groups.

KYS is an innovative, FREE, youth 'one stop shop' health and support service based in Paraparaumu, Kapiti Coast. It takes an integrated approach and provides health, counseling, careers, youth development and social support services for young people aged 10 – 24 years. KYS has been in operation

for over 15 years and currently has over 4400 young people registered with the service. KYS receive some funding from government departments, however it is a nongovernment organisation with charitable trust status and which relies heavily on grants and donations for it's survival.

The holistic "one stop shop" model of care at Kapiti Youth Support (KYS) improves access to a wide range of services in a friendly setting and this allows KYS staff to build strong relationships with young people. This holistic approach is acknowledged to improve a young person's engagement with services and, therefore, their outcomes. The KYS "wraparound" approach to working with young people as it is recognised to best meet their needs.

The interdisciplinary team consists of Peer Support Workers, Doctors, Nurses, Counsellors, Clinical Psychologist, Drug and Alcohol Specialist, Mentors, Social Workers and Youth Workers.

KYS is an acknowledged leader in the provision of youth services, but they do need the ongoing support of the community to be able to

continue their work.

If you are able to assist in any way, please feel free to contact KYS directly. Tel: 04 905 9597 raechel@kys.org.nz



Free Services Include: General health concerns, Counselling, Relationship issues, Sexual health, Alcohol and Drug advice' Sports injuries, Cold, aches and pains, Wart clinic, Career advise, Stress/ Anger Management, Schools Out- Queer youth support, Resiliency Workshops, Young Mum's Support Group



Congratulations to Electra Business of the Year 2012

Mitre I 0 MEGA Kapiti

Business of the Year Highly
Commended
Kitchen Creators

Emerging Business of the Year
Aura RedEye

Small Business of the Year Peter Jackson Plumbing

## **CATEGORY WINNERS**

Customer Service Wholesafe

Staff Development Mitre 10 MEGA Kapiti

Operational Capability
Kitchen Creators

Sustainability Vista del Sol

Health & Safety
Kitchen Creators

Marketing & Image Building Mitre 10 MEGA Kapiti

> New Thinking Aura RedEye

Regional Branding & Promotion
Vista del Sol

High Growth
Mitre 10 MEGA Kapiti



Electra owns and operates the electricity network throughout
Kapiti and Horowhenua. Our owner is the Electra Trust.
Electra's Trust ownership ensures that we deliver an annual electricity
sales discount to all consumers connected to our network.