

The well-being of all women is at the heart and soul of the Kapiti Women's Centre. Through classes, information, and a safe place to share and receive support, the centre continues to be the turning point and inspiration for many local women.



If you need a challenge or want to explore your potential, there are many wonderful courses at the centre. Term 4 starts October 11. There are places still available in art classes like needle felting and making marvellous mirrors; transforming communication; and learning about stress and relaxation.

women supporting women

The Kapiti Women's Centre

Open Mon-Fri 9am-3pm, Thurs 9am-8pm 04 902 6222

7 Ngahina Street, Paraparaumu contact@kapitiwomenscentre.org.nz www.kapitiwomenscentre.org.nz

Kapiti Women's Centre now provides two new services: budgeting advice (every second Thursday starting October 14, 5pm-7pm), and legal advice (third Thursday of the month, 5pm-7pm.) Appointments are essential. Other centre services include

counselling, clothing exchange, crèche alongside courses, support and a chat, and referral to other agencies.

Even if you're not sure what you need, or you just want to reach out but aren't sure how, please get in touch. You will always be welcomed and supported. All services are confidential.

2010 Electra Kapiti/Horowhenua Business Awards

> Congratulations to the Winner



Electra Business of the Year 2010 **Aura Software Security Ltd**











